

## **Mental Health Crisis Resources/Services**

Horizon Homes South Central Crisis Line:

(12 Bed Crisis Bed facility, 24-7 Mobile Crisis Team, 24-7 Crisis Phone Line)

**#507-344-0621 or # 877-399-3040**

Warm Line # **877-404-3190 or text “Support” to 85511**

National Suicide Prevention Lifeline # **1-800-273-TALK (8255)**

Crisis Lifeline by **texting “MN” to 741741**

SAMHSA Disaster Distress Helpline # **1-800-985-5990**

CDC website: [cdc.gov/mentalhealth/](https://cdc.gov/mentalhealth/)

Le Sueur County Human Services

**#507-357-8228**

8-4:30 (Monday-Thursday)

8-4 (Fridays)

Local On-Call after hours through Le Sueur County DHS

**# 507-357-4440**

## **Mental Health On-going Resources/Services**

### **Counseling Services of Southern MN**

1306 Marshall St.

St. Peter, MN 56082

**Phone #: 507.931.8040**

### **Nystrom and Associates**

201 N Broad St. Suite 200

Mankato, MN 56001

**Phone #: 507-200-2331**

### **Sioux Trails Mental Health Center**

1301 Marshall St.

St. Peter, MN 56082 (*other locations in New Ulm, N. Mankato, Gaylord, St. James*).

**Phone #: 507.934.2652**

### **Secured Base Counseling**

301 E Main St.

New Prague, MN 56071

**Phone #: 507.301.3412**

### **Inspire Services**

100 Oak Ave SW, Montgomery or 922 Swift, St. Peter

**Phone #: 507.364.5312**

### **Le Sueur County Human Services**

**#507-357-8228**

*Free Mental Health Needs Assessments to Le Sueur County Residents*